# RICHMOND COUNTY
# ST. PATRICK'S DAY PARADE

COMMITTEE Inc.

Presents

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# The Forest Avenue Mile

Sunday, March 8, 2009 * **12:10**

Jody's to Rusty's Forest Avenue Mile

Live Entertainment- Great Party Atmosphere!

Benefit The Brighten Kiwanis Charities

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**Registration and T-shirt pickup -** Wed. & Thur. March 4 & 5 at Rusty's 879 Forest Ave from 7:30 to 9:30 PM, And Race Day at ***Pretty Woman*** Forest Ave until 11:30 AM. **Sharp!**
**Entry Deadline -** Entries by mail must be postmarked by Feb. 23.
**Fees -** $18.00 All pre–registered runners will receive a Long Sleeve T-shirt. Race Day $20.00
**Awards -** Top 5 Male and Female open, Sub-Vet, & Top 5 Grade School Lt. John Fischer Award
**Course -** 1 mile down hill starting at Jody's on Forest Ave. and finishing at Rusty's adjacent to Anning S. Prall School.
Very Fast Course (92 Foot Drop In Elevation)
**Course Record -**Al Garcia 4:13.60 Josie Piccinic 5:00.40
**Warm-up Clothes-** will be transported to finish line

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## Saint Patrick's Day Run Entry Form

Last Name | First Name | Expected Finishing Time

Mailing Address Including Apt. No. | City | State | Zip Code

**Gender, Check One**

☐ M
☐ F

E-mail:_____

**Please Check One Division**

Sub-Vet (35 and up) ☐
Open Division ☐
Youth Division ☐
Grade School (grades 6th to 8th)

**Circle Shirt Size**

S M L XL XXL

ADULT T-SHIRT SIZE

**LIABILITY WAIVER AND RELEASE**

**Upon acceptance of my entry, I, for myself, my heirs & assigns, hereby release the sponsors & officials of the Richmond County St. Patrick's Day Parade Committee Inc. Fun Run, The Brighten Kiwanis, or any Sponsors from any liability arising from illness, injury or death I may suffer as a result of my participation in this event. I attest that I am physically fit & have sufficiently trained for this event & I am aware that my participation could, in some circumstances, result in physical injury. Should officials determine that completion of this event would be injurious to my health, I consent to be removed & treated by the physician in attendance or of their direction. I give permission for free use of my name & picture in any broadcast, telecast or written account of this event. I also understand that the entry fee is NON-REFUNDABLE.**

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**DATE SIGNATURE AND PARENT/GUARDIAN (If under 18)**

**Payment by check or money order to: St.Patrick's Day Parade Committee PO Box 140625 SI NY 10314**