

# Jeff's Run 5K

**Sunday October 1st, 2006**

**10am Start**

**Mt. Loretto - Hylan Blvd, Staten Island, NY**

**Free Kids Run - 11:15am**

All Proceeds to go to The Firefighter Jeff Giordano Children's Playroom at the Cornell Burn Center

**Send Entry to :**

**Jeff's Run**

**PO Box 70025**

**Staten Island, NY 10307**

## REGISTRATION

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ M or F

Street \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone \_\_\_\_\_ email \_\_\_\_\_

Age as of October 1st \_\_\_\_\_

NYC Firefighter Y or N Fire Dept Co# \_\_\_\_\_ Clydesdale/Athena

Weight: \_\_\_\_\_

Pre-entry Fee \$15.00 if postmarked by September 15th, \$20.00 Therafter

Return Entry to: Jeff's Run, PO Box 70025, Staten island, NY 10307

All Check's Payable to The New York Firefighters' Burn Center Foundation. (NYFFBCF)

In Consideration of your accepting this entry, I the undersigned, intending to be legally bound, hereby for myself, my heirs, executors and administrate, waive and release any and all rights and claims for damages I may have against Mt. Loretto, the Firefighter's Burn Foundation,, Tottenville Civic Association, Jeff's Run Committee and the City of New York and their representatives, successors and assigns for any and all injuries suffered by me in said event. I attest and verify that I will participate in this event as a footrace event, that I an physically fit and have sufficiently trained for the completion of this event and my physical condition has been verified by a licensed Medical Doctor. Further, I hereby grant full permission to any and all forgoing to use any photographs, videotapes, recording or any other record of the event for any legitimate purpose.

Signed \_\_\_\_\_ Date \_\_\_\_\_

Parent's Signature if Under 18 \_\_\_\_\_

## **DIRECTIONS**

**From NJ: Take the Outerbridge Crossing to Exit 1 Page Ave (use toll plaza – not express ez pass). Turn right at light onto Page. Go to the 5th traffic signal. Turn left onto Hylan. Mt. Loretto is approximately 1/4 mile down on left hand side.**

**From NY: Verrazano Bridge to the SI Expressway to the West Shore Expressway to exit 1— Veteran's Rd. Turn right onto Veteran's Rd. Take next right and come back across the Expressway. At intersection, turn right onto Page. Go to 6<sup>th</sup> traffic signal, turn left onto Hylan Blvd. Mt. Loretto is approximately 1/4 mile down on left hand side.**

Do you know somebody who'd like to run this event? Please feel free to copy this form and pass it on.

*Jeff Giordano, a decorated firefighter, husband and father of three, was also an avid runner. Active in the community, this volunteer soccer coach could be seen daily running along Hylan Boulevard. Logging in over 50,000 miles running, Jeff was the Vice President of the New York Firefighter's' Burn Center Foundation and was instrumental in creating the Children's Playroom at the Cornell Burn Center. This playroom is invaluable in speeding the recovery and healing of children injured in fires and other catastrophic events.*

*September 11th stole many wonderful people from our lives. Jeff Giordano was one of them. This race is dedicated to his spirit and determination to help others. All proceeds will go to the Firefighter Jeff Giordano Children's Playroom at the Cornell Burn Center.*